

Track & Field Varsity Girls Records

Winston R-VI

Last Updated: 6/2026

100 Meter Dash Sherri Caldwell	Record :13.00	Year 1974
200 Meter Dash ShaVaughn O'Dell	Record :27.54	Year 1997
400 Meter Dash Christy Heldenbrand	Record 1:00.10	Year 1982
800 Meter Dash Wendy McCown	Record 2:35.47	Year 1980
1600 Meter Dash Wendy McCown	Record 5:37.60	Year 1980
3200 Meter Dash Jenny Lin	Record 12:51.88	Year 1984
110 M HH Hannah Barker	Record :16.55	Year 2007
300 M LH ShaVaughn O'Dell	Record :48.58	Year 1999
Long Jump Jenni Caldwell	Record 16'6"	Year 1991
Triple Jump Jenni Caldwell	Record 32'9"	Year 1990
High Jump Hannah Barker	Record 5'3"	Year 2007
Shot Put Shealyn Pliley	Record 36'9"	Year 2025
Discus Julie Moore	Record 106'9"	Year 1988

Javelin	Record	Year
Shealyn Pliley	107'1"	2022
4x100 M Relay	Record	Year
Courtney Riggs	:55.31	2010
Emily McFee		
Amber Mullen		
Chandler Newman		
4x200 M Relay	Record	Year
Julie Bridgman	1:56.30	1989
Tricia Moore		
Jenni Caldwell		
Tara Bassett		
4x400 M Relay	Record	Year
Jenny Lin	4:15.50	1981
Beth Lin		
Christy Heldenbrand		
Sally Caldwell		
4x800 M Relay	Record	Year
Jenny Lin	10:27.50	1982
Beth Lin		
Carrie Schoonover		
Sally Caldwell		